



## Group Boating Activities

*Mount Baker Rowing and Sailing Center can provide a fun and memorable water sport based team building experience structured around your organization's goals.*

### Your Team Building Experience

Foster communication, collaboration, trust, and leadership within your business culture. Our experienced staff can provide a team building experience based on our curriculum and can tailor it to meet your specific organizational needs. Stand-up paddle boarding, kayaking, and rowing are all options for your group; locker rooms and showers are available for use.

### Sample Topics Covered

1. Introductions and Tour of Boathouse/Equipment
2. On the Rowing Machines: Intro to Technique, Games/Relays
3. Rowing Experience on the Water
4. Debrief and Summary

### Requirements

1. Two hour minimum booking
2. Life jackets are provided and required.
3. The program can accommodate up to 20 people on the water and back-to-back sessions for a larger group depending on schedule.

### Mount Baker Boathouse Meeting Room

Add a group presentation or meeting to the day in our boathouse meeting room. The contemporary upper-floor event space is bathed in natural light and accented and re-claimed hardwood finishes. A gas fireplace and our vintage wooden racing shell create a warm, comfortable ambiance while two balconies showcase 180-degree panoramic views of Lake Washington and the Cascades.

The venue is equipped with an A/V system with built in speakers and two large flat screens perfect for slideshows, presentations and speeches. Find out more at [www.mbrsc.org](http://www.mbrsc.org)

Boathouse meeting room rentals are scheduled separately through Seattle Parks and Recreation Events Scheduling at 206-684-7254.

**Please contact the office at 206-386-1913 or [mount.baker@seattle.gov](mailto:mount.baker@seattle.gov) to discuss our availability, pricing, and your organizational goals.**